

MADE IN MOVEMBER

# THE RULES

1

ONCE REGISTERED AT  
MOVEMBER.COM  
EACH MO BRO MUST BEGIN  
THE 1<sup>ST</sup> OF MOVEMBER WITH  
A CLEAN SHAVEN FACE.

2

FOR THE ENTIRE MONTH  
OF MOVEMBER EACH MO BRO  
MUST GROW AND GROOM  
A MOUSTACHE.

3

DON'T FAKE IT. NO BEARDS,  
NO GOATEES,  
NO FAKE MOUSTACHES.

4

USE THE POWER OF  
THE MOUSTACHE TO CREATE  
CONVERSATIONS ABOUT MEN'S  
HEALTH AND TO RAISE FUNDS  
FOR PROSTATE CANCER,  
TESTICULAR CANCER AND  
MENTAL HEALTH.

5

EACH MO BRO MUST  
CONDUCT HIMSELF LIKE  
A TRUE GENTLEMAN...



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